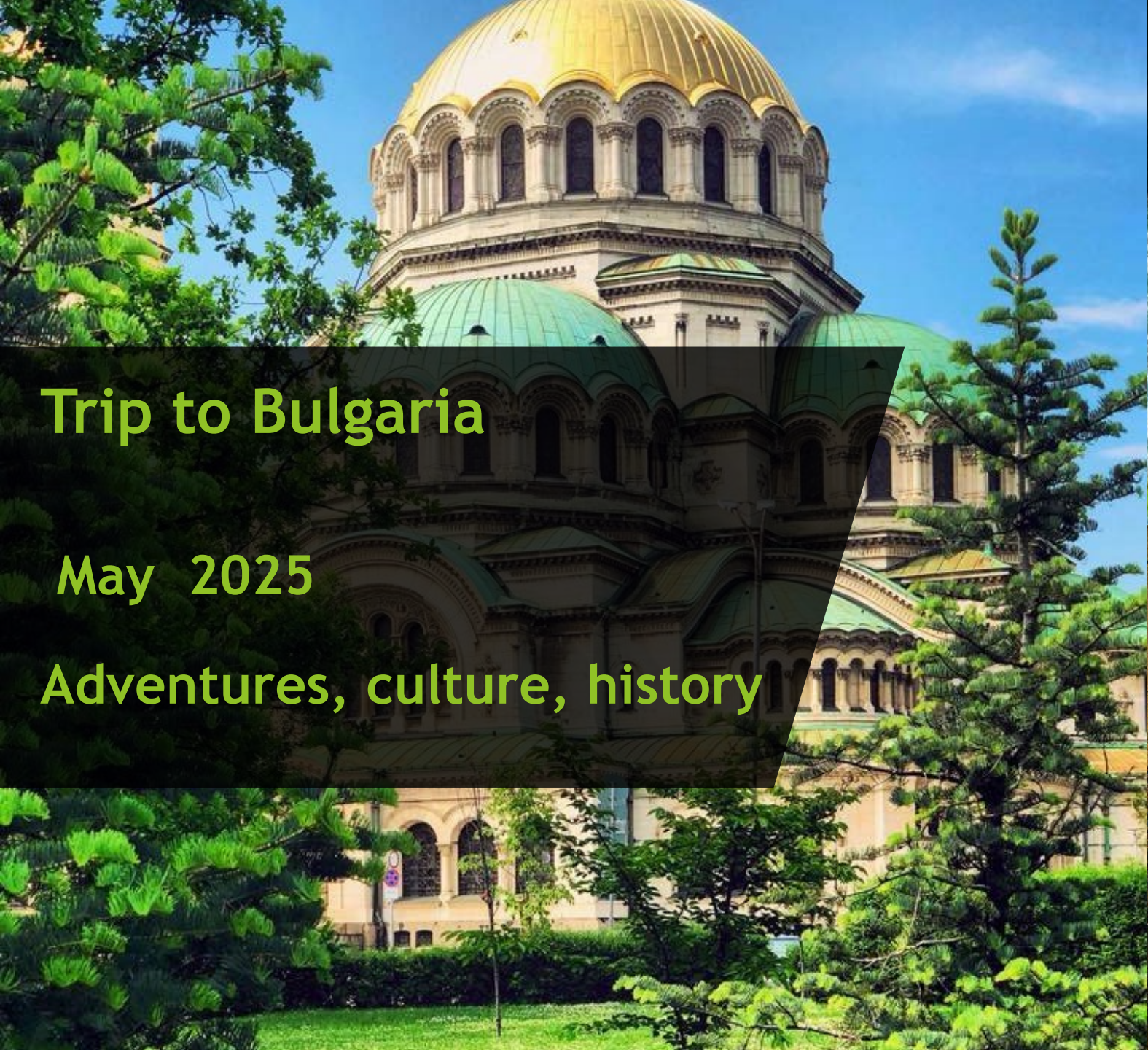


4 MAY - 9 MAY 2025

WELCOME TO





Trip to Bulgaria

May 2025

Adventures, culture, history



BULGARIE



Student profile

- ▶ Interests: culture, nature, adventures, history
- ▶ Love nature, (water) sports, dancing
- ▶ Fit and interested in climbing, caves, rope challenge courses

Pedagogical objectives

- ▶ Learn about Bulgarian culture and history
- ▶ Emphasis on Ancient monuments (Sofia, Plovdiv - among the oldest European cities)
- ▶ Learn about Bulgarian nature
- ▶ Experience water adventures (rafting, kayaking) and rock climbing, waterfall rappels, etc.

Other objectives

- ▶ Learn about local traditions and cuisine
- ▶ Meet Bulgarians and interact with them

Day 1 - Culture and History

- ▶ - Arrival at Sofia Airport (connecting flight)

- ▶ (Afternoon) - Sofia - the capital of Bulgaria:

Guided historical walk in the City Center - from Roman times to nowadays:

- Ancient Sofia (Serdica) Architectural Complex
- St. Sofia Church - IV century (Old Byzantine Church)



Day 1 - Sightseeing in Sofia

Sofia - capital of Bulgaria since 1879

Walking tour:

- St. Alexander Nevski Church
- Sofia University
- National Theater
- National Art Gallery
- Pedestrian Zone - Vitosha Boulevard

Free time to explore museums and galleries according to students' interests, e.g. dances



Day 2 - Adventure Day

Water sports

RAFTING

in Iskar River Gorge

(100 km from Sofia)

- ▶ Transport to the site is provided
- ▶ Before the adventure safety instructions are given
- ▶ The following equipment is provided: neoprene suit, neoprene shoes, helmet and life jacket
- ▶ Fully licensed instructors accompany the boats
- ▶ Adrenaline and fun - guaranteed!





Day 3 - Climbing rope challenge course

God Eyes Cave

(120 km from Sofia)



Day 4 Culture and History

Day 4 - Plovdiv

- ▶ More than 8000 years old
- ▶ Second largest city in Bulgaria
- ▶ European capital of culture for 2019
- ▶ Sightseeing:
 - Ancient Roman Theatre (II century AD)





Day 5 - Koprivshtitsa

Historical and Architectural Reserve Bulgarian Revival (XVIII-XIX century)

- **A typical Bulgarian town from the XIX century - symbol of the fight for independence 1876-1878**
- **Lunch at a traditional Bulgarian restaurant**



Last Day - 8 May

- check out**
- arrival at the airport in
Luxemburg (connecting
flight)**



**WE HOPE YOU WILL HAVE AN
UNFORGETTABLE EXPERIENCE IN**



Questions ?

KOLEVALY@teacher.eursc.eu

DOMBEVLY@teacher.eursc.eu