


22 APRIL - 27 APRIL 2024

WELCOME TO





Carbon footprint
CO2 for
the travel and per
person - 841,5

Trip to Bulgaria

22 April - 27 April 2024

Adventures, culture, history



BULGARIE



Student profile

- ▶ Interests: culture, nature, adventures, history
- ▶ Love nature, (water) sports, dancing
- ▶ Fit and interested in climbing, caves, rope challenge courses

Pedagogical objectives

- ▶ Learn about Bulgarian culture and history
- ▶ Emphasis on Ancient monuments (Sofia, Plovdiv - among the oldest European cities)
- ▶ Learn about Bulgarian nature
- ▶ Experience water adventures (rafting, kayaking) and rock climbing, waterfall rappels, etc.

Other objectives

- ▶ Learn about local traditions and cuisine
- ▶ Meet Bulgarians and interact with them
- ▶ Dance experience - traditional and modern (folk dances, hip hop, breakdancing)

Ecological activity

- ▶ Cleaning waste around the Iskar riverside



Day 1 and Day 2 - Culture and History

- ▶ 22 April - Arrival at Sofia Airport (approximately 11:15 am via Frankfurt)
- ▶ 22 April (Afternoon) - Sofia - the capital of Bulgaria:

Guided historical walk in the City Center - from Roman times to nowadays:

- Ancient Sofia (Serdica) Architectural Complex
- St. Sofia Church - IV century (Old Byzantine Church)

Day 2 - Sightseeing in Sofia

Sofia - capital of Bulgaria since 1879

Walking tour:

- St. Alexander Nevski Church
- Sofia University
- National Theater
- National Art Gallery
- Pedestrian Zone - Vitosha Boulevard

Free time to explore museums and galleries according to students' interests, e.g. dances



Day 2 - Dancing afternoon

From tradition to the modern world

- ▶ Students will visit the training room of the young Bulgarian hip-hop and breakdance group - X-energy crew winners of Best showcase for 2019 Battle of the year for the Balkan region
- ▶ Get to meet some of the dancers
- ▶ And learn some basic steps 😊



Day 3 - Adventure Day

Water sports

RAFTING

in Iskar River Gorge
(100 km from Sofia)

- ▶ Transport to the site is provided
- ▶ Before the adventure safety instructions are given
- ▶ The following equipment is provided: neoprene suit, neoprene shoes, helmet and life jacket
- ▶ Fully licensed instructors accompany the boats
- ▶ Adrenaline and fun - guaranteed!





Day 4 - Climbing rope challenge course

God Eyes Cave

(120 km from Sofia)



Day 5 Culture and History

Day 4 - Plovdiv

- ▶ More than 8000 years old
- ▶ Second largest city in Bulgaria
- ▶ European capital of culture for 2019
- ▶ Sightseeing:
 - Ancient Roman Theatre (II century AD)



Day 5 - Plovdiv



- ▶ Going back in time:
 - Old Town historical walk
 - Art district Kapana
- ▶ Possibly 1 night accommodation in Plovdiv

Last Day - 27 April

- check out**
- arrival at 09:30 am at the airport in Luxemburg via Munich**



**WE HOPE YOU WILL HAVE AN
UNFORGETTABLE EXPERIENCE IN**

