

25 APRIL - 29 APRIL 2023

WELCOME TO





Carbon footprint
CO2 for
the travel and per
person - 841,5

Trip to Bulgaria

25 April - 29 April 2023

Adventures, culture, history



BULGARIE



Student profile

- ▶ Interests: culture, nature, adventures, history
- ▶ Love nature, (water) sports, dancing

Pedagogical objectives

- ▶ Learn about Bulgarian culture and history
- ▶ Emphasis on Ancient monuments (Sofia, Plovdiv - among the oldest European cities)
- ▶ Learn about Bulgarian nature
- ▶ Experience water adventures (rafting)

Other objectives

- ▶ Learn about local traditions and cuisine
- ▶ Meet Bulgarians and interact with them
- ▶ Dance experience - modern (hip hop, breakdancing)

Ecological activity

- ▶ Cleaning waste around the Iskar riverside

Day 1 and Day 2 - Culture and History

- ▶ 25 April - Arrival at Sofia Airport (approximately 11.30 via Frankfurt)
- ▶ 26 April - Sofia - the capital of Bulgaria:

**Guided historical walk in the City Center
- from Roman times to nowadays:**

- Ancient Sofia (Serdica) Architectural Complex
- St. Sofia Church - IV century (Old Byzantine Church)



Day 2 (morning) - Sightseeing in Sofia

Sofia - capital of Bulgaria since 1879

Walking tour:

- St. Alexander Nevski Church
- Sofia University
- National Theater
- National Art Gallery
- Pedestrian Zone - Vitosha Boulevard

Free time to explore museums and galleries according to students' interests



Day 2 (afternoon) - Dancing Day

From tradition to the modern world

- ▶ Students will visit the training room of the young Bulgarian hip-hop and breakdance group - X-energy crew winners of Best showcase for 2019 Battle of the year for the Balkan region
- ▶ Get to meet some of the dancers
- ▶ And learn some basic steps 😊





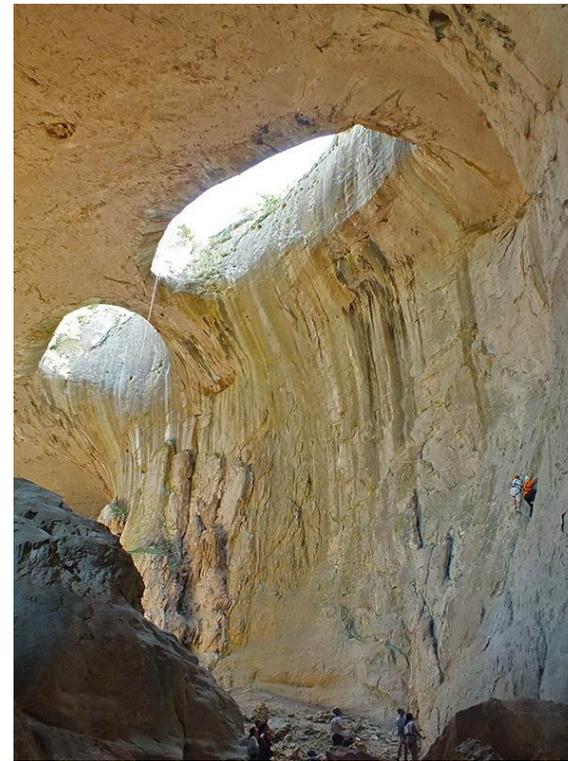
Day 3 - Adventure Day

Water sports

RAFTING

in Iskar River Gorge
(100 km from Sofia)





RAFTING

- ▶ Transport to the site is provided
- ▶ Before the adventure safety instructions are given
- ▶ The following equipment is provided: neoprene suit, neoprene shoes, helmet and life jacket
- ▶ Fully licensed instructors accompany the boats
- ▶ Adrenaline and fun - guaranteed!

Day 4 Culture and History

Day 4 - Plovdiv

- ▶ More than 8000 years old
- ▶ Second largest city in Bulgaria
- ▶ European capital of culture for 2019
- ▶ Sightseeing:
 - Ancient Roman Theatre (II century AD)



Day 4 - Plovdiv



- ▶ Going back in time:
 - Old Town historical walk
 - Art district Kapana

Last Day - 29 April

After breakfast at the hotel:

- Free time in Sofia**
- arrival at the airport around 12.00 am for the flight to Luxemburg via Frankfurt**



**WE HOPE YOU WILL HAVE AN
UNFORGETTABLE EXPERIENCE IN**



Questions ?

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