

# Information for staff on Influenza A/H1N1

The H1N1 influenza continues to infect a growing number of people, including those in the EU's Member States.

As of 18 August 2009, about 2500 officially confirmed cases have been reported in Belgium.

To date, according to scientific sources, this strain of influenza is no more dangerous than the seasonal flu which affects us every winter.

Some cases have already been seen in Commission staff and in contractors working for the Institution. This is a perfectly normal situation in the present circumstances, taking account of the epidemic's development and is no cause for alarm.

We remind you, as has been indicated in an earlier message, that the basic hygiene rules and prevention measures, which you should observe for yourself, your family and your colleagues, are available on Intracomm ([http://www.cc.cec/home/archives/specialflu\\_en.html](http://www.cc.cec/home/archives/specialflu_en.html)) ..

Furthermore, and in the current situation, if you develop flu-like symptoms, we advise you to take contact with your own doctor so that he can give you the appropriate treatment. If you fall ill, in your interest and that of your colleagues, remain at home and do not come into work.

This message will be regularly updated by the different competent services of the Institution, reflecting the evolution of the situation.

## Links:

- [EU Health portal](#)
- [Europa press room](#) | [Press release IP/09/1252 of 25.08.2009](#)
- [Dg Sanco website - Influenza A\(H1N1\) page](#)
- [The European Centre for Disease Prevention and Control](#)
- [Influenza website of the Belgian public health ministry](#)
- [Influenza website of the government of Luxembourg](#) | [Information portal of the Luxembourg health ministry](#)
- [Ministero della salute Italia](#)
- [The UK's Health Protection Agency](#) has advice for those who may be returning from a community-level cluster region
- [World Health Organisation website](#)